



Title of paper:	Update on CYPP Priority – Empowering Families to be Strong and Achieve Economic Wellbeing	
Report to:	Children's Partnership Board	
Date:	3 rd October 2018	
Relevant Director:	Helen Blackman, Director for Children's Integrated Services	Wards affected: All
Contact Officer(s) and contact details:	Sophie Russell, Head of Children's Strategy and Improvement	
Other officers who have provided input:	Aileen Wilson (Head of Early Help Services) Julia Bramble (Service Manager, Early Help), Paul Martin (FIP Manager and PF Operational Lead), Anna Masding (Service Manager, CAMHS)	
Relevant Children and Young People's Plan (CYPP) priority:		
Safeguarding and supporting children and families: Children, young people and families will benefit from early and effective support and protection to empower them to overcome difficulties and provide a safe environment in which to thrive.		<input checked="" type="checkbox"/>
Promoting the health and wellbeing of babies, children and young people: From pregnancy and throughout life, babies, children, young people and families will be healthier, more emotionally resilient and better able to make informed decisions about their health and wellbeing.		<input checked="" type="checkbox"/>
Supporting achievement and academic attainment: All children and young people will leave school with the best skills and qualifications they can achieve and will be ready for independence, work or further learning.		<input checked="" type="checkbox"/>
Empowering families to be strong and achieve economic wellbeing: More families will be empowered and able to deal with family issues and child poverty will be significantly reduced.		<input checked="" type="checkbox"/>
Summary of issues (including benefits to customers/service users):		
<p>This item seeks to update the Board on key developments in relation to this priority. This report will provide a brief summary of the current context and will be supported by a more detailed presentation, which will be delivered at the Board in October. This presentation will:</p> <ul style="list-style-type: none"> • Update the Board on the Priority Families Programme and next steps for developing whole family working across the partnership. • Update the Board on the outcomes from Nottingham City Council's parenting programme provision. 		
Recommendations:		
1	That the Board note the contents of this report.	
2	That the Board support the development of a citywide Parenting Strategy to ensure consistency and clarity of the offer to families.	

1 **BACKGROUND AND PROPOSALS**

1.1 **Priority Families**

Nottingham City has a target to successfully support 3840 families to achieve significant and sustained progress or continuous employment by 2020. We are currently on track to meet all national targets. As of 06.09.18, we have:

- Worked with 3587 families. 93% of our target of 3840.
- Achieved Payment by Results for 1651 families. 43% of 2020 target.
- Achieved 80% conversion rate from attachment to Payment by Results – local targets have been set to compensate for the current conversion rate – see table below.

Local Targets to 2020			
	2018/19	2019/20	TOTAL
Attachments	1490	400	4838 (based on 74% conversion rate)
Payment by Results	1125	1243	3840

We have recently reviewed our Troubled Families Outcomes Plan (see Appendix One), which outlines the range of outcomes required to evidence significant and sustained progress. There is a robust audit and spot check process to ensure that all claims are verified as meeting programme criteria and that there is sufficient evidence of progress made.

Partners are asked to continue to engage in partnership planning meetings to complete individual maturity model plans, engage with team around the family arrangements and, where colleagues are case holding, utilise Priority Families tools to ensure that the whole-family approach is utilised.

1.2 **Parenting Programmes**

There are a range of parenting programmes available to support families across Children's Integrated Services.

Early Help teams facilitate parenting programmes within the Early Help targeted group offer. The three evidence-based programmes offered are:

Peep

Peep is a 12 week, evidence based programme where parents/carers and their children learn and play together, the programme recognises parents as their child's first educator. Parents learn how to enhance their child's development through every day opportunities.

Early Help currently deliver for 3 different age groups:

Peep Watch me Grow (parents/ carers with children 0-9 months)

- **Peep Inbetweenies** (parents/carers with children aged 9 -18 months)
- **Peep Getting Ready for Nursery** (parents/carers with children aged 18-24 months)

Triple P

Triple P is an 8 week, evidence based programme for parents and carers with a focus on increasing positive behaviours. The programme is ideally suited to parents with children aged between 2 and 8 years.

Access to the programme is via a referral route, Early Help referrals have included self-referrals, internal referrals from Children’s Integrated Services Schools and Health services.

New Forest Parenting Programme (NFPP).

The New Forest Parenting Programme (NFPP) delivered in Early Help has a target group of parents with a pre-school child who is displaying symptoms of ADHD.

NFPP takes place in the family’s home through weekly visits. During these visits, parents learn strategies for managing their children’s behaviour and difficulties with attention.

Parenting Programmes 01/09/2017 – 31/07/2018		
Programme	Number of programmes delivered	Number of participants
Peep	38	294 families
Triple P	18	145 parents
NFPP	9 individual programmes	9 families
Total	65	448

We also have a more targeted Parenting Team that deliver the following interventions:

1. The Positive Parenting Programme (‘Triple P’) Group (4-12 years)
2. The Positive Parenting Programme (‘Triple P’) Teen (12-16 years)
3. Non-Violent Resistance (NVR) (for parents of aggressive, violent and self-destructive children).
4. Teen ADHD.
5. Stronger Families (families impact by domestic abuse – run in conjunction with Women’s Aid Integrated Services).
6. Caring for Kids (aimed at parents who misuse alcohol and/or drugs).
7. Restorative Parenting (aimed at addressing conflict in parent/child relationships).

Parenting Groups 1/9/17 - 31/7/18		
Programme	No Courses	No. Participants
Triple P	14	87
ADHD	7	36
NVR	6	35
CSE	3	10
Stronger Families	1	5
NFFP	1	5
Father's Group	2	15
Totals	34	193
Caring for Kids Workshop	2	0

2 RISKS

2.1 Funding availability to replace Priority Families investment in services for Nottingham families post-2020.

- The Family Intervention Project – intensive work with complex families where crime/ASB, risk of eviction etc. are a concern - cost £0.237m per annum
- Edge of Care Hub – a project working to stabilise chaotic families where children are at risk of becoming children in care – cost £0.200m per annum. This project deliver net budget relief against the Children’s Placement Budget of over £0.400m per annum. They support circa 60 children per annum and have a success rate of 86%.
- Contribution to the costs of mainstream services supporting the programme, including analytical support - £1.021m per annum
- Workforce development opportunities for the partners - £0.050m per annum.
- 7fte Accredited Practitioner roles working across the partnership to embed whole family working approaches – cost £0.300m per annum
- As at 31 March 2018, Priority Families has invested £5.021m and is forecasting a total investment of £7.702m at 31 March 2020.

2.2 Alignment of Children’s Integrated Services Parenting Programme activity to wider partnership activity and support offer to families.

2.3 Sustainability of Early Help and non-statutory services with potential future funding reductions.

3 FINANCIAL IMPLICATIONS

3.1 None

4 LEGAL IMPLICATIONS

4.1 None

5 CLIENT GROUP

5.1 All children, young people and families.

6 IMPACT ON EQUALITIES ISSUES

6.1 These services support the City’s most complex and vulnerable children, young people and families. They represent the full diversity of the City and support is tailored to meet their individual needs.

7 OUTCOMES AND PRIORITIES AFFECTED

7.1 **Empowering Families to be Strong and Achieve Economic Wellbeing**